



insider

ISSUE 48

FIRST QUARTER 2022

A large blue industrial truck, possibly a concrete mixer or material handler, is shown from a low angle, angled towards the right. The truck has "KENWORTH" printed on its side. In the background, a man wearing a white lab coat, a face mask, and gloves stands near a staircase in a large industrial building with a high ceiling and metal beams.

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...and much more

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Message from the **CEO**

Scott O'Reilly, OBE
 Chief Executive Officer
 Scott.OReilly@CEO.iPiGroup.com.pg



Welcome everyone to the 48th issue of our iPi Insider with the 1st Quarter of 2022 being the focus for this edition

The iPi Group had its share of Christmas cheer throughout all project sites and I say this with much pride that everyone was all hands on deck to successfully end another remarkable year.

In this issue, we commence with Trent Scott, Head of our Business Development Unit, as he updates us by highlighting the Group's continuous effort to provide and support the reopening of the Porgera Gold Mine, while further indicating positive progress made by our Tenkyu Wara initiative. Trent adds more as he and Maso Mangape, both had the opportunity to attend the People's Party Gala.

Next, Peter Long, our GM of the Catering business points out his reflection over the past quarter's activities throughout the festive period by expressing his gratitude and thanks to each and every one that worked tirelessly to provide the best to keep the Christmas spirit alive, and to those that took the initiative to get vaccinated. As an employer we support free choice while also affording full and complete access to the most up to date information we can access and in order to support informed decisions. Some of our project sites require vaccinations to enter and we likewise support the decisions of our project Principals to take these steps and in all cases balance the freedom of choice of our employees, the contract Principals and access to the most up to date information as we can possibly provide for our valued staff.

Further into this issue, we profile Joycelyn Walewafi. Joycelyn is attached with our POM based House Keeping



teams where she supervises a team of hardworking women. She has proven to be resourceful and resilient since joining the Airvos team in Port Moresby. Keep up the amazing work Ms. Walewafi!

It is also of great importance to mention that the brand new OR Messing facility in Taurama Barracks has officially been handed over the PNG Defence Force from The Australian Defence Force under their Defence Cooperation Program. A milestone added to our Catering Management Team that worked closely with PNGDF and contractors to complete the construction of the state-of-the-art facility. We offered industry expertise and guided the process to afford the best possible outcomes for the PNGDF for a facility of world class standard. Our teams interfaced with both the PNG and Australian Defence personnel and report a thoroughly professional approach by all concerned.

In addition, Brian Warrillow updates us with an 'On The Road' piece and writes about the wonderful work and achievement our Lae Transport Team has accomplished. Also, during the past Quarter, our Catering staff in Murray Barracks were glad to have Dr. Patronia Kaima deliver a

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COVID-19 vaccine awareness speech and as I mentioned earlier we are trying to consistently present our staff with the latest most up to date and medically correct information as we possibly can in order to support free choice backed up with the facts. I send a word of thanks to Julie Sema (Group HR Manager) and her team for constantly ensuring Workplace Health & Safety is promoted, that training is provided and access to the latest information is maintained. More exciting news as Heidi Jaijing in Lae shares the Transport Operations team's continuous effort to commemorate World HIV & Aids Day then to our popular Recipe for Success: Honey Garlic Chicken Breast, a delicious yet easy to make recipe to round off this Quarter.

Enjoy!

Scott

From the Business Development

DESK...



Hi Everyone, and welcome to the first issue of insider for 2022, a quick recap on what was 2021 and hopefully some 2020 vision to foresee what lies ahead for us in 2022.

I hope you were all able to enjoy the festive season and the new year with family and friends. On a personal note I took the opportunity to just lay low, spend some quality time with my family and just enjoy and appreciate what really is an #AmazingPortMoresby with some leisurely fishing, trail running around Varirata National Park, and some walks with my dogs along Ela Beach.. just enjoying and appreciating the simple things!

On the Business Development front, we have continued to support and provide our services to all our valued clients, non-more so than with the Porgera Gold Mine whilst it has remained in a state of Care & Maintenance throughout 2021 and negotiations continued at the upper echelons of the relevant parties.

With progress being made most recently on the Framework Agreement signing, it is still very much a work in progress and sadly somewhat a shame to think that it has now been nearly two years that a significant proportion of Porgera Valley has been without jobs. Something we are striving for and hope will be a thing of the past in 2022.

That said I can assure our readers that iPi through the Business Development Unit, Senior Management of both iPi Catering and iPi Transport and our Community & Government Liaison team headed up by Maso Mangape has been working tirelessly with our relevant stakeholders to keep moving forward, to support the opening of the mine and back into operations... so we can all focus on our expertise and all do what we do best!

Trent Scott

Director - Business Development

Trent.Scott@iPiGroup.com.pg



Maso and I were both invited to attend the People's Party Gala Dinner in mid-November where we heard Party members express their goals for the upcoming election, the importance of law and order and how if this continuing fundamental challenge we face year in and year out is changed and supported can ignite a positive flow on effect across the economy that benefits everyone long-term.

Our Tenkyu.wara continues to provide positive flow on effects and has been a hit over the last 6 months with sales to date nearing 3000 cartons and continuing to grow nationally with new retailers getting behind our Tenkyu. initiative, with every bottle helping to fund life-changing projects in PNG!

Our most recent property development in Port Moresby – iPi on Ugava has also welcomed its first tenants and this has been followed up with renewed interest from other companies now looking to house their staff, who due to the ongoing travel restrictions and costs, now reside more long-term in Port Moresby – highlighting the need for that quality safe modern accommodation with access to recreational facilities being paramount to maintaining work-life balance for their employees.

Something we have been extremely proud of especially during the last two years and Covid restrictions is the importance of work-life balance and our Port Moresby Wellness Walkers, led by iPi Catering's Dennis Sparks clocked up some significant miles throughout 2021 with a combined total of 1775.20 km walked by the group, with three staff achieving 86 treks up Savannah Hill... That's equivalent to 2.5 Kokoda treks each! An amazing achievement that I am sure will be put to the challenge again in 2022.

In closing I'll end with a quick shout out to Mish's Exotic Blooms who has now expanded their operations and taken up shop at our 10 Mile facilities in Lae to operate the Nursery and Flower Shop. Make sure you give the very talented Michelle and her team a call or check out their FB page for more information and for all your flower arrangement needs!

Until next time, stay safe, keep smiling always do the right thing even when no one is looking!

Trent

'EVERY BOTTLE
HELPS FUND LIFE CHANGING
PROJECTS IN PNG'



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General Manager's THOUGHTS...



Hello everyone,

As always, it is all my pleasure to jot down a note or two; this on reflection of the past quarter's activities across the raft of Catering obligations in Papua New Guinea...and once again, it is pleasing to openly suggest how busy we have all been... no rest in our determination to move forward successfully.

Can I table, as I did in our last edition, my personal and professional thanks to every single iPi Group employee who has taken the decision to be Covid-19 vaccinated. We have, as a Group, always highly encouraged our employees to be fully vaccinated and this to protect one's self, one's family and one's fellow work colleagues. We understand there are many private considerations to be taken into account however, in the end, taking the step to be vaccinated is very much applauded and appreciated. Very well done to all our people who are now fully vaccinated...brilliant I say.

As you would all imagine, Christmas and the festive season as a whole for the iPi Catering teams is a significant part of our professional yearly output. Yep, the many and varied function requests along with the special lunches/dinners up to and inclusive of Christmas Day keeps us all highly focused and 'on song'. Here I make note of our Catering teams across PNG; each and all, whether that be one working on a remote outpost PNG Defence style or, as part of a highly polished messing facility on a Mine-Site or, coordinating the activities in a modest dining room for

Peter Long

General Manager iPi Catering

Peter.Long@iPiGroup.com.pg



private industry workers, I remain so proud of what you achieve. The individual and collective team efforts are stunning...the foodservice delivered each and every year seems to get better and better and better. You all raise the bar perhaps best suggested?

With Christmas just passed, I had the unique and good fortune of spending it with my family – been many years since that has happened however (and besides my good luck) I remained in constant contact with our Site and Project Managers along with Dennis Sparks, our Country Operations Manager. Seeing the photos coming through from the various operations offered me (and my family) many smiles.

Our Brewery teams in both Lae and POM have delivered wonderful Christmas spreads and all this in the days leading up to Christmas Day itself. I am most comforted by what our Brewery teams have delivered. Again, you ought to be most proud of your achievements.

I stand in awe each and every year with what our Porgera Joint Venture Catering teams deliver. The excitement leading up to Christmas is something to experience, where much discussion and planning happens, menus tossed around and suggestions fine-tuned. Then, there is the preparation where the well-honed skill sets of our people are clearly seen. Finally, the Christmas Day execution itself and goodness, what is laid-out both at Suyan and Alipis is stunning – a highly polished foodservice renowned across PNG and more so, the mining sector – yes, Porgera comes alive and for those rostered on to work the festive season, you are certainly looked after by way of catering options and choice. We can only but trust we add some joy to your tour. Likewise, it is our pleasure to serve.

The messing facilities of the PNG Defence Force equally come alive...and perhaps more by the enthusiasm and



'insider' Staff Profile
Joycelyn Walewafi



excitement generated by the iPi Catering Teams. Again, our dedicated and committed iPi Catering people simply seem to step up to another level and by default, Christmas offers a wonderful sense of 'spirit to serve', the willingness to offer our client and the good and decent people within (especially and more so, those to whom remain at work over Christmas Day and the festive season as a whole) some comfort and happiness via exceptional Catering delivery. Our job is beyond simply feeding people but more, tending to the personal needs of each and all we interact with. I offer my sincere congratulations to our Catering staff and I understand that you sacrifice much of your family time. In doing so, you offer though much comfort to others given your service. I applaud that dedication and professionalism.

We are all looking forward to the New Year which hopefully offers some settling to that of the issues we faced during 2021...that Covid-19 complexities start to fade and we can all concentrate on what we normally do best. I remain quite excited for what 2022 can and will offer. I see great opportunities to not only continue in and with the fine work we do across PNG but expand upon the same; this delivering to additional and our existing and much prized Clients the brilliant foodservice we are indeed so renowned for. Remember though, to do so requires a team effort – together we can do it.

Thank you for the chance to pencil in a few words – I do trust you have enjoyed the read. Please, if you have the chance to get the jab and be vaccinated, we still encourage you to wander down that path – please do so.

I am delighted to restate my long standing mantra..."work safe and play safe".

Cheers and we shall talk soon...

Peter

1. What is your role?

House-keeping Supervisor

2. How long have you worked with The iPi Group?

Three years

3. What is the best thing about working at The iPi Group?

The best part about iPi is being given the opportunity to grow. Within the short period of time since I joined, I've progressed to a supervisor role.

4. What is your personal motto or mantra?

Be like a spider, when you fall, get up. This just simply means 'never give-up.'

5. What does a typical day look like for you?

Everyday is a busy day for me in terms of maintaining cleanliness and ensuring tenants experience the best apart from that, it is enjoyable because I get to work at my own pace.

6. What is your favourite meal?

I absolutely love any sort of garden food, especially when they're coconut creamed.

7. What three words that best describe you?

Loving, patient, hardworking and kind... (giggles) just three words isn't enough to describe me.

8. Where would you like to go on a dream vacation?

Manus and East Sepik Province.

iPi on Ugava



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- Fully furnished with brown and white goods
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The iPi Group

Level 4, Stratos Tower, Stratos Ave, Waigani NCD

Tel: 311 3250 Email: iPiGroup@iPiGroup.com.pg

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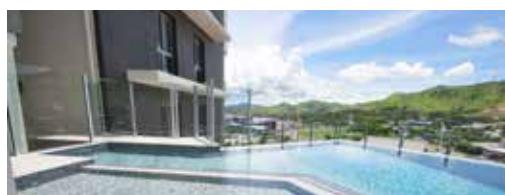
THE PROPERTY

Modern 3 bedroom apartments, located conveniently on Touaguba Hill's Airvos Avenue, providing easy access to Port Moresby's, business districts, shops and social venues. The apartments are all fully furnished with modern and quality fixtures suiting both professionals and families.



PROPERTY FEATURES

- Views of Fairfax Harbour and Burns Peak
- His & Hers master ensuites
- Open plan kitchen with SMEG appliances
- BOSE Home Theatre systems and surround sound
- Infinity edge swimming pool
- Fitness Centre
- BBQ and Entertaining Facilities
- Fully furnished and serviced daily
- Secure undercover parking and private storage bay
- Onsite manager
- 24/7 Security and back up power
- Waterfront Shopping Mall, Royal Papua Yacht Club, Ela Beach, Harbourside Café's and Restaurants, all located within 5 minutes drive



The iPi Group

Level 4, Stratos Tower, Stratos Avenue, Waigani, Port Moresby
Tel: 311 3250 Email: iPiGroup@iPiGroup.com.pg

www.iPiGroup.com.pg

OR Taurama Mess Hall Opening Ceremony



iPi Catering was among members of the Australian Government, Australian Defence Force, PNG Defence Force, contractors and distinguished guests to witness the ribbon-cutting ceremony of the OR Taurama Mess in Port Moresby.

"We look forward to what the future holds for this fit for purpose facility and for the PNG Defence Force,

"The partnership with the project team has been an absolute priority of the iPi Group, in particular iPi Catering, over the last three years," said Business Development Director Trent Scott.

The ceremony eventuated on December 1st 2021 where the Australian Defence Force (ADF) officially opened and handed over the facility to Papua New Guinea Defence Force (PNGDF).

This 2,340 square kilometres facility worth K10 million was delivered under a partnership between ADF and PNGDF with aims to strengthen ties between both countries.

It is spacious and fully equipped with electrical compliance, storage facilities designed to store and preserve food, an independent bakery, backup power, supply office space, ablution for staff, exterior fencing and landscaping, and can cater up to 600 military personnel daily.

In congratulating the PNGDF, Trent added that iPi is proud of the value the facility presents and honoured to have been given the opportunity to participate in the planning and implementation the facility.

"Our combined professional and focused determination as an objective has and always will be to achieve the above and beyond for the PNGDF.

"iPi Catering remains fully committed to being the PNGDF caterer of choice."

The opening ceremony was followed by a tour of the building, and ended with a delicious buffet on-site provided by our wonderful Catering team to celebrate the small but very significant occasion.

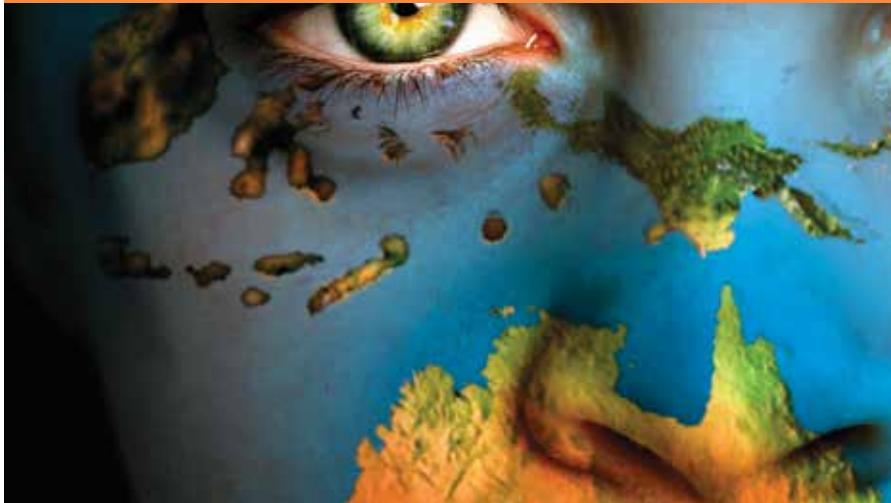
The 'insider'

first in tailor-made
logistics solutions
in Papua New Guinea



iPi Catering

"Qualified, professional,
enthusiastic catering &
industry personnel"



iPi catering is one of the largest volume, industrial caterer and camp service providers in the Asia Pacific region, providing extensive food service operations to the PNG mining, resource and service sectors.

Whether your requirements are for a remote 50 person fly camp, or a 2000 strong multi facility mine site base - no matter what the location or how extreme the conditions, iPi Catering can deliver!

iPi catering successfully balances variety and taste with nutrition, consistency, reliability, food safety and value for money.

All meals are prepared with the best ingredients using the latest food handling procedures and safeguards.

Logistical support in terms of supply chain, storage and administrative assistance, all serve to promote exceptional solutions for all our valued client and partners.



www.iPiGroup.com.pg

The iPi Group Stratos Tower, Stratos Ave, Waigani NCD
Ph: (+675) 478 4300 Fax: (+675) 475 1417
Email: iPiGroup@iPiGroup.com.pg

ON THE ROAD...

WITH BRIAN WARRILOW



In correspondence with our CEO just after Christmas last year 2021, I reflected pensively, on these unprecedent times of hardship for our country economically, and the need for strong Sound, experienced, leadership in times of struggle. Starting 2019, between the closure of Porgera, the fencing of the Pnyang Project in the western province and the continued deferral of Wafi-Golpu, not to mention the Covid pandemic, our country was rocked like never before.

Personally, I couldn't recall a time in all my 46 years, that I'd seen so many haus krais', heard the mournful cries of families grieving loved ones, above the screech of an ambulance siren as the body is driven away to a funeral home or its final resting place, I should know, I too lost a loved one last late year...

13 months later, I'm still here and so is the iPi Group. We are here to stay. We are committed. When times are plentiful, we're not really tested, it is only in these challenging times of famine and lean, that one truly learns the make of ones' calibre. As in Transport this is manifest in the decision (by upper management), to bring on new hired talent and mix it with experienced existing hands to produce, what should be an eclectic mix, that will no doubt driver continuous improvement going forward.

iPi Transport over the last 13 months has been in the throes of the correct management of these changes to auger the best possible outcomes for the business and challenges faced with the Porgera Gold Mine being in Care & Maintenance and the Challenges we have faced through the Pandemic.

That said we take our hats off to our very valued clients and partners who are no doubt weather storm with us and say thank you for your trust in iPi Transport; Puma Energy, Ramu Nico, Islands Petroleum, Niugini Oil Company, Brian Bell, Bishop Brothers, MMJV, Media Metro, Origin Energy just to name a few.

As we continue to leapfrog into a globally connected stage, Road Transport Safety and compliance continue to be key to operations and performance in the challenging domain

of transferer of bulk fuels stocks and the swath of key compliance requirements that come with this robust task.

Terms and phrases like fatigue management, IVMS, wait times, load times, Restarts, cold starts, Truck & Trailer combos, RBT's, LT's SPIs are frequently bandied around like oak barrels shunting in a busy distillery.

The transport team and upper management are aware, that our most important asset is its people, and the training and upskilling of these key individuals, despite fluid current medio-socio-politico environmental variables, is a must to ensure the continuity of business and the vital requirement for continuous improvement within and across this piece.

In a recent presentation ceremony, I was privileged to participate in, certificates of achievement were handed to drivers of our trucks and busses. The 44 Lae based participants had been officially recognised for reaching a level of competency and proficiency in the areas of fatigue management and defensive driving. Present also to witness the small ceremony, Driver trainer, Alex Malaibe, QA manger Otto Kiapranis and HR manager Rauka Ovia.

Despite challenging times, the transport driver training team were able to produce and conduct meaningful training for our drivers here in Lae, more training is planned this latter year. As low laying fruit, it's a solid move to strengthen our existing human capital.

In retrospect, one year ago, this month, when I first started with iPi, I asked a crowded work shopfloor during one of the first tool box safety meetings, if everyone could give me just 1% effort. This was met with confused looks, to which I replied "if I ask you all for 100% some of you will, most of you

iPi Staff Receives Covid-19 Vaccine Awareness

By: Angela Peng



won't and the rest will just complain, but if I ask you for just 1% everyone should be able to give me 1%, it's nothing., and if everyone gave for the common benefit of company and stakeholder alike – we'd get over 100% easily and not have tried at all. Success is not the esoteric domain of the select few, if everyone put in their 1% how much greater could we make iPi Transport?

Let's show our gratitude by doing the needful, by doing our little in a committed way, day in and day out, by saying no to half measures and shortcuts, and by trying to improve ourselves at every opportunity we come across. My hat off to the drivers on this occasion for, some it was a long time coming, a small gesture that will help to propel positive change. A single 1% only 99 more gestures like it needed and we're onto a good thing. At iPi anyone can drive positive change in their own way, and anyone can make a difference.

**Until next time Safe Trucking!
Bravo Whisky... Out**

iPi Catering was privileged to have HIV Aids & TB Physician, Dr. Patronia Kaima deliver an informative Covid-19 vaccine awareness to staff members at Murray Barracks in November.

Dr. Kaima was invited by the HR Department to help fight the pandemic by eliminating speculations against the vaccine and increase vaccination rates. As a virus specialist with over 20 years of experience, she explained everything about Covid-19 and the purpose of vaccines. While encouraging staff to get vaccinated, she urged staff to be vigilant thinkers and decision makers.

"Right now, we are in a global pandemic, and I would want you to critically think about your decisions, whatever decisions you make will affect your families, your work and the country.

"Covid has affected the economy, education, health and lives of many.

"Close to 250 million people have been infected with Covid-19 worldwide with 4.5 million deaths."

She added that on a global scale, approximately 3 billion people have already been vaccinated with the same vaccines available in Papua New Guinea.

Dr. Kaima further stated that many unsubstantiated claims about Covid-19 vaccines circulating online, especially on social media has caused confusion and fear in the general public. She assured staff that vaccines did not bypass health protocols and systems and are provided only to boost the immune system.

Human Resource Manager Julie Sema thanked Dr. Kaima for the insightful presentation and said, "the information provided will help staff make accurate and informed decisions."

"The iPi Group is encouraging vaccination because it is going to protect us.

"As part of iPi's Occupational Health and Safety Policy, it will protect us as employees and our valued clients.

"Through vaccines we can create a safe working environment," added Julie.

The presentation ended with a Q&A session where staff were given the opportunity to raise their concerns about the vaccine and Covid-19.

In addition to the presentation, pamphlets, posters and handouts were distributed among staff to broaden their knowledge about Covid-19 vaccines and further encourage them to get vaccinated.



Seven Keys To **INSTANT RAPPORT**

Have you ever met someone that you instantly liked? Or have you ever met someone that immediately rubbed you the wrong way?

Of course you have.

For whatever reason, that other person did not know how to establish rapport with you. And their lack of rapport skills may have gotten in the way of you two doing business together or even having a pleasant conversation.

Unfortunately, the same thing might be said of you. You may not know how to establish instant rapport with everyone you meet.

It's critical, because in today's time-crunched world, you no longer have the luxury of spending days and weeks around one another, gradually getting acquainted, and eventually building some trust. You've got to make things 'click' now. So this is how you do it.

1 Make an unforgettable first impression

You don't get a second chance at a first impression. First impressions tend to linger on, even if they're incorrect.

So make your first impression a positive one by exhibiting enthusiasm. Smile and make eye contact when you greet someone. Shake hands firmly.

Show enthusiasm for what you do. That was a key characteristic of Tommy Lasorda, the retired manager of the Los Angeles Dodgers baseball team. When he appeared on the Larry King show the night after his team suffered a crushing loss to Houston in the National League playoffs, you would have thought his team had won. When Larry asked him how he could be so happy, Tommy replied: "The best day of my life is when I manage a winning team. And the second best day of my life is when I manage a losing team."

If you project your enthusiasm to the people you are talking to, you will not only make a great first impression, you will also draw those people towards you.

2 Find a reason to connect

When you first meet someone, look for a connector. Perhaps the two of you grew up in the same part of the country or are both avid fans of the same sport. Comment on that. Instant rapport is built on a foundation of common experience. So find one connector and then another and another.

3 Use the other person's name

People love it they – absolutely love it when – you remember and use their name.

When you meet someone, ask for their name. And then use their name during your conversation.

If they give you a title or formal name, ask what they would like to be called. Being too casual too soon can make the other person feel uncomfortable. Too much informality can be read as a lack of warmth and respect on your part. For example, don't call Pamela, "Pam," or Dr. Jones, "Dr. J." unless told to do so.

If you forget someone's name, it can be embarrassing. You could use an old technique. When talking to someone and are unable to recall their name, simply say, "I'm sorry, but I've forgotten your name." When the other person responds with their first name, such as John, respond, "Well, of course I know your first name, John. I meant your last name." This way you get someone's full name with a minimum of embarrassment.

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4 Identify an obvious strength in the other person and affirm it

People love to be liked and admired. So find a positive trait in the other person and comment on it. It may be their keen insight on a topic, their sense of humour, their choice of colours etc.

However, remember there's a difference between schmoozing and sincerity. People can discern a fraud, so don't be one.

5 Find a topic that makes the other person light up

There's always something.

The best conversationalists have an endless curiosity about everything. Everyone has a story they're itching to tell you simply have to find the right topic.

Two way communication is also very important. You will obviously have to tell the other person some things about yourself and answer some questions they may ask.

However, don't go on too long about yourself as you are building rapport. Turn the conversation around by asking, "How about you?"

6 Show sincere interest in the other person

I know it's easy to assume that some people aren't that interesting, and it's easy to label some people as boring. More often than not, that's not the case. They simply don't know how to come out of their shell or talk about more than a few topics.

However, when you show sincere interest in the other person, they tend to feel safe. They become more open, animated and enthusiastic, which makes it all that much easier to show sincere interest.

In the process, throw in a little empathy. Show the other person that you understand what they are saying or feeling, and let them know you can relate to what they are saying. People absolutely love it when they feel you 'totally get' them.

7 Come across as a winner

The simple fact is people are attracted to winners, not losers. So it's okay to let your self-confidence shine through as well as some of your successes, without any hint of bragging.

It also helps to use a little humour, perhaps making yourself the brunt of a joke or some mild teasing. When I'm giving a presentation, one of my cardinal rules is 'never stay serious too long.' The same rule applies to conversation, especially when you're trying to build rapport.

When you ask highly successful people in business for the secret of their success, you'll often hear them say, "It's all about relationships." There's a lot of truth in that. And the good news is you can start building those relationships right now with these seven strategies.



first in tailor-made logistics solutions in Papua New Guinea



Innovative



Transport



Solutions



iPi Transport's Heavy Vehicle Maintenance Facility, Administrative Centre and experienced Transport Logistics personnel based in Lae, provide total and comprehensive maintenance and fleet control - 24 hours a day, seven days a week, all under our ISO 9001:2015 Quality Assurance Certification.

Our advanced fleet includes Kenworth prime movers, B-Doubles, bulk fuel tankers and general container trailers. Whether your critical cartage needs are for the mining and resource sectors of PNG or for an owner operator business - your business is valued by us!

iPi Transport have been delivering precious cargo safely across PNG for over 15 years. Guaranteeing your delivery, whether that be hundreds of thousands of litres of fuel per day or much needed dry cargo, across some of the most rugged landscapes found anywhere in the world is what we do best!



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The iPi Group Stratos Tower, Stratos Ave, Waigani NCD
Ph: (+675) 478 4300 Fax: (+675) 475 1417
Email: iPiGroup@iPiGroup.com.pg

GOOD NEWS STORIES...

Always a welcome invitation

Hello readers the 'insider' here...

On behalf of the team can I please pass on our sincere thank you for all the contributions to this edition of the iPi Group's 'Insider' magazine.

Your stories and your photos are always embraced, and a reminder whilst we do our best to include the photos sent through it is far better that we receive high resolution shots as this does improve the overall look and quality of our publication.

Keep in mind that the iPi Group's 'insider' is your broadcast medium and we highly encourage you to use it. It is your message board and it is a wonderful means of highlighting to all in and associated with the iPi Group the things that are happening around you, your workplace, your community, your province, and your sporting interests and successes as way of example.

We warmly welcome your participation in the publication, and wish to see your happy snaps, hear about your suggestions, your favourite fashion tips, or your achievements.

Keep smiling and happy writing!

...the 'insider'

BusinessDevelopment@iPiGroup.com.pg

Transport Team Observes World Aids Day

Heidi Jajing Damun
iPi Transport Operations Admin

World Aids Day has been observed annually on the 1st of December since 1988 to raise awareness on HIV and Aids.

Last December, iPi Transport Operations team in Lae commemorated World Aids to show their support to people living with HIV and remember those who have died from AIDS-related illnesses.

The theme of World Aids Day 2021 was "End inequalities. End AIDS."

According to the World Health Organization, statistics show 680,000 people globally died from HIV-related causes, and roughly 1.5 million people became newly infected with HIV here in Papua New Guinea, approximately 45 000 people are living with HIV in the country.

With 2021 being the second year since the Covid-19 pandemic, World Aids Day was seen as a reminder that HIV Aids is still a healthcare issue in Papua New Guinea.

Staff showed up with red ribbons to stand in solidarity with the theme, raise awareness and help end discrimination in the workforce and the community as a whole.



Recipe for Success: Honey Garlic Chicken Breast



Ingredients

500g chicken breast, boneless and skinless (2 pieces)
 ½ tbsp Salt
 ½ tbsp pepper
 ¼ cup flour (or 1 tbsp corn flour)
 3 ½ tbsp (50g) unsalted butter (or 2 ½ tbsp olive oil)
 2 garlic cloves, minced
 1 ½ tbsp apple cider vinegar (or white or other clear vinegar)
 1 tbsp soy sauce
 ⅓ cup honey (or maple syrup)
 1 scallion diced, optional for garnishing

Method

1. Cut the breasts horizontally in half to create 4 steaks in total. Sprinkle each side with salt and pepper.
2. Place flour in a shallow dish. Coat chicken in flour and shake off excess.
3. Melt most of the butter in a large skillet over high heat – hold back about 1 tsp for later.
4. Place chicken in skillet and cook for 2 – 3 minutes until golden. Turn and cook the other until golden brown.
5. Turn heat down slightly to medium high.
6. Make a bit of room in the pan and add garlic then top with remaining dab of butter. Stir garlic briefly once butter melts.
7. Add vinegar, soy sauce and honey. Stir to combine and bring sauce to simmer for 1 minute or until slightly thickened.
8. Turn chicken to coat in sauce. If the sauce gets too thick, add a touch of water and stir.
9. Remove from stove immediately. Place chicken on plates and drizzle over remaining sauce

Serves 4

'Raun Raun' with iPi





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Level 4, Stratos Tower, Stratos Ave,
Waigani NCD, PNG
Ph: (+675) 311 3250 (POM)
(+675) 478 4300 (LAE)
Email: iPiGroup@iPiGroup.com.pg

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